

# WASHINGTON MIDDLE SCHOOL COMMUNITY RESOURCE GUIDE

AGENCY	SERVICES	WEBSITE	CONTACT INFO
<b>Harmony at Home</b>	Sticks & Stones Counseling offered on campus (limited spots available); off-campus services include individual and family counseling, bullying prevention, teen support, and more	<a href="http://harmony-at-home.org/">http://harmony-at-home.org/</a>	(831) 625-5160
<b>Monterey County Behavioral Health (MCBH)</b>	MCBH offers individual counseling on campus (limited spots available); they can also provide off-campus referrals for social-emotional concerns	<a href="http://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health">http://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health</a>	(831) 755-4500
<b>Girls Inc.</b>	Girls Inc. runs groups for female students to promote empowerment, leadership, and life-skills education. They have groups on-campus and have some off-campus opportunities.	<a href="https://girlsinc.org/">https://girlsinc.org/</a>	(831) 772-0882
<b>Second Chance Family &amp; Youth Services</b>	Second Chance offers two groups on campus, Joven Noble and Xinachtli, which focus on personal development through a cultural lens. They also offer counseling off-campus.	<a href="https://www.guidestar.org/profile/77-0249486">https://www.guidestar.org/profile/77-0249486</a> OR <a href="http://www.scyp.org/">http://www.scyp.org/</a>	(831) 758-2501
<b>Strengthening Families</b>	Strengthening Families is a nationally-recognized program designed for families, to help parents/caregivers learn nurturing skills, effective discipline and guidance, and to teach youth skills for dealing with stress and peer pressure.	<a href="https://www.strengtheningfamiliesprogram.org/">https://www.strengtheningfamiliesprogram.org/</a> OR <a href="http://www.partners4peace.org/services.html">http://www.partners4peace.org/services.html</a>	For WMS program, call Sandra Cervantes for information: 831-796-7100 ext. 8607

<b>Community Human Services</b>	Community Human Services offers individual and family counseling for middle to low income families, with a focus on skill-building and support.	<a href="https://chservices.org/">https://chservices.org/</a>	(831) 757-7915
<b>Silver Star Resource Center</b>	Silver Star Resource Center offers a wide variety of services off-campus, including mentoring, individual and family counseling, substance intervention, anger management, health education, and more. They also work with Partners4Peace and the D.A.I.S.Y. program.	<a href="http://www.ranchocieloyc.org/silver-star-youth-program">http://www.ranchocieloyc.org/silver-star-youth-program</a>	(831) 796-1641
<b>Partners4Peace</b>	Partners4Peace provides opportunities to participate in programs such as Strengthening Families and Step Up Mentoring, with a focus on creating a safe community.	<a href="http://www.partners4peace.org/">http://www.partners4peace.org/</a>	(831) 754-3888
<b>Griefbusters</b>	Griefbusters services are through the Community Hospital of the Monterey Peninsula (CHOMP), with a focus on grief and bereavement from loss.	<a href="https://www.chomp.org/volunteer/griefbusters/#.WqQ1kfnwYdV">https://www.chomp.org/volunteer/griefbusters/#.WqQ1kfnwYdV</a>	(831) 649-7758
<b>Sun Street Centers</b>	Sun Street Centers focuses on drug and alcohol prevention and intervention.	<a href="http://sunstreetcenters.org/">http://sunstreetcenters.org/</a>	(831) 753-5135
<b>The Epicenter</b>	The Epicenter is a resource center for all youth, with a focus on supporting the LGBTQ+ community and homeless youth.	<a href="https://epicentermonterey.org/">https://epicentermonterey.org/</a>	(831) 998-7291